

Whitehurst Swim Team 2019 Information & Calendar of Events

<http://whitehurstswimteam.weebly.com/>

Swim Team Board:

President: Ali Mikeska

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Secretary: Erica Mules

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Treasurer: Diane Wisbeck

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Computer: Jen Peacock

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ESPL League Rep: Joyce Smithey jesmithey@hotmail.com

Website: Ali Mikeska

Computer: Stephanie Wilmer steph.wilmer.sw@gmail.com

Head Coach: Haley Gray

hgray2807@yahoo.com

Asst. Coach: Anna Roros

annaroros@icloud.com

Practice Schedule:

PM Practices: May 28-June 14

3:45-4:30	Middle & High Schoolers
4:30-5:15	9-11 year olds
5:15-5:45	7-8 year olds
5:45-6:15	6 & Unders

AM Practices: June 17-July 28

8:15-9:00	9-10 year olds
9:00-9:30	7-8 year olds
9:30-10:00	6 & Unders
10:00-10:45	11 & Overs



Meet Info:

Home Dual Meets: Warm ups begin at 8:00 am; arrive at WH pool by 7:45 am

Away Dual Meets: Warm ups begin at 8:30 am; arrive at host pool by 8:15 am

Evening Dual Meet: (away this year): Warm ups begin at 5:00 pm; arrive at the pool by 4:45 pm

- Warm Up times for the AA County meet hosted by SPY, and the 3 end of season medal meets will be provided when available.
- The AA County meet is not part of the ESPL league meets or team standings, and participation is optional.
- The end of season medal meets are based on qualifying times. Swimmers will be notified throughout the season regarding their eligibility for each meet.

May 2019

◀ April	May 2019						June ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2	3	4	
5 Parent Meeting & Swim Suit Sale: WH Clubhouse 4:00 pm-6:00 pm	6	7	8	9	10	11	
12	13	14 <i>Team roster due to ESPL Secretary by 7 pm Dues due to ESPL Treasurer</i>	15	16	17	18	
19	20	21	22	23	24	25 POOL OPENER!!!	
26	27 Memorial Day	28 FIRST PRACTICE PM Practices 3:45-6:15 pm	29 PM Practices 3:45-6:15 pm	30 PM Practices 3:45-6:15 pm	31 PM Practices 3:45-6:15 pm		

June 2019						
◀ May						July ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 PM Practices 3:45-6:15 pm	4 PM Practices 3:45-6:15 pm	5 PM Practices 3:45-6:15 pm	6 PM Practices 3:45-6:15 pm	7 PM Practices 3:45-6:15 pm	8
9	10 PM Practices 3:45-6:15 pm	11 PM Practices 3:45-6:15 pm	12 PM Practices 3:45-6:15 pm	13 PM Practices 3:45-6:15 pm <i>Coaches Meeting @ Berrywood 7:00 pm (bring team laptop)</i>	14 (no practice) Pep Rally @ the pool! 6:00-8:00 pm LAST DAY OF SCHOOL FOR AACPS	15 Away Meet @ Berrywood 9:00 am
16	17 AM Practices 8:15-10:45	18 AM Practices 8:15-10:45	19 AM Practices 8:15-10:45	20 AM Practices 8:15-10:45 am	21 (no practice) Swim Team Pictures 9:00-10:00 am	22 Home Meet vs Chesterfield 9:00 am
23	24 AM Practices 8:15-10:45	25 AM Practices 8:15-10:45	26 AM Practices 8:15-10:45	27 AM Practices 8:15-10:45	28 AM Practices 8:15-10:45	29 Away Meet @ Fairwood 9:00 am
30						

July 2019						
◀ June						August ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 AM Practices 8:15-10:45	2 AM Practices 8:15-10:45	3 AM Practices 8:15-10:45	4 NO PRACTICE Independence Day	5 NO PRACTICE	6
7 Home Meet vs NCA 9:00 am	8 AM Practices 8:15-10:45	9 AM Practices 8:15-10:45	10 AM Practices 8:15-10:45	11 AM Practices 8:15-10:45	12 AM Practices 8:15-10:45	13 Home Meet vs Oakleigh Forest 9:00 am Swim-a-Thon 8:00 pm-midnight
14	15 AM Practices 8:15-10:45	16 AM Practices 8:15-10:45 Away Meet @ Fair Oaks 5:30 pm	17 AM Practices 8:15-10:45	18 AM Practices 8:15-10:45	19 AM Practices 8:15-10:45	20 No Meet for Whitehurst!
21	22 AM Practices 8:15-10:45	23 AM Practices 8:15-10:45	24 AM Practices 8:15-10:45	25 AM Practices 8:15-10:45 Silver Meet @ Fair Oaks 5:30 pm	26 AM Practices 8:15-10:45	27 Bronze Meet @ NCA 8:30 am
28 Gold Meet @ Fairwood 8:30 am Swim Team Banquet 7:00-9:00 pm	29	30	31			

